

RAUMATI SWIMMING CLUB

Nutritious Food available!!!!
Paninis, Wraps, Hot Food/meals.
Tea/coffee

Coastal Challenge

Lucky Draw for results not eligible for PB prizes.

Sunday, 18th June, Raumati Pool

~~Warm up 4.30 pm — Start 5.00pm~~

Warm-up now 3.30pm Start 4.00pm

How close are you to Top Ten times????

Can you qualify for the Wgtn Short Course Champs????

If you are still chasing times this meet is for YOU.

To be eligible to enter, you **MUST NOT** have a faster time than the times shown below. (These times are based around last years Top 10 results for each age group)

Ev#	M/F	Dist	Stroke	Age 9	Age 10	Age 11	Age12	Age13	Age14	Age15	Age 16	Open
1	F/M	200	Free	3.20/3.10	3.05/3.05	3.00/2.55	2.40/2.35	2.40/2.25	2.45//2.25	2.25/2.20	2.20/2.15	
2	F/M	100	Back	1.50/1.40	1.40/1.40	1.30/1.35	1.20/1.30	1.20/1.20	1.15/1.15	1.20/1.15	1.15/1.15	
3	F/M	200	Breast	4.00/4.20	3.50/4.20	3.40/3.42	2.50/3.35	2.50/3.11	3.00/2.54	3.00/3.05	3.00/2.55	
4	Top 12 mixed	400	Medley									5.45.00
5	F/M	100	Medley	1.50/1.35	1.35/1.30	1.25/1.30	1.20/1.20	1.20/1.15	1.15/1.10	1.15/1.10	1.10/1.10	
6	F/M	200	Back	3.30/3.30	3.15/3.30	3.15/3.15	2.55/3.00	3.00/2.45	2.40/2.40	2.45/2.40	2.35/2.35	
7	F/M	50	Fly	.50/.50								
8	F/M	200	Medley	3.40/3.35	3.30/3.35	3.15/3.30	2.55/3.00	2.50/2.45	2.45/2.45	2.45/2.40	2.40/2.20	
9	F/M	100	Free	1.40/1.30	1.25/1.30	1.15/1.20	1.10/1.15	1.10/1.10	1.10/1.10	1.10/1.05	1.05/1.00	
10	F/M	200	Fly		3.30/3.50	3.30/3.20	3.25/3.15	3.00/2.50	2.30/2.50	2.30/2.30	2.30/2.30	
11	F/M	100	Breast	2.05/1.50	1.45/1.55	1.40/1.55	1.35/1.40	1.35/1.35	1.35/1.30	1.30/1.25	1.25/1.20	
12	F/M	100	Fly	1.45/2.00	1.45/1.45	1.45/1.40	1.30/1.35	1.20/1.25	1.20/1.20	1.15/1.20	1.15/1.15	
13	Top 12 mixed	400	Free									4.55.00

Conditions of Meet

- All events will be swum under the current rules of SNZ and local rules as applicable.
- Age of swimmer will be as at 18th June 2006.
- No restriction on the number of events a swimmer may enter, but Raumati Swimming Club reserves the right to limit entries or alter the programme should the need arise.
- All events will be swum as timed finals with both Male and Female and Age Groups results separated. Prizes for Best % PB in Male and female for each age group.
- Age groups will be 9 & U, 10-11, 12-13, 14-15, 16 & Over.
- Entry Fees will be \$5.00 per individual event. Pool entry FREE, but please support the raffle.
- Entries close on Friday 9th June 2006 with our Race Secretary. email: rauswim@paradise.net.nz Times to be submitted as a cfile from team manager, accompanied by a fee summary report and swimmer entry report with proof of times please. N/Times Will be accepted but will not count for PB prize. **NO LATE ENTRIES WILL BE ACCEPTED.****
- Entry fees to be forwarded to Carnival Convenor, PO Box 2035, Raumati Beach and must be accompanied by a fee summary, no later than Sunday 11th June 2006. Contact: Bev van Schooten, 04 9043011.
- There will be no refunds for withdrawals after the circulation of the psych sheets unless a medical certificate is provided.
- Refunds for non-acceptance in the 400 Free and 400 Medley will be made to clubs after the meet.
- Raumati Swimming Club will not be liable for any loss or damage during the meet.