

## Trip Difficulty Indicators

Revised May 2008

<b>Trip Difficulty Indicators</b>		
<b>Grade</b>	<b>Time</b>	<b>Description</b>
Easy	Up to 4 hrs	Usually on relatively even ground
Medium	4 to 6 hrs	Expect rough or muddy tracks
Hard	6 to 8+ hrs	Expect difficult terrain and river crossings. Good boots and equipment required
Experienced Trampers Only	Over 8 hrs	Rough terrain. Good boots and equipment essential. Prerequisites may apply
<b>Prerequisites</b>  Examples: Completed mountaineering course, Competence in skiing, Competence in kayaking, completed approved advanced trips in the past, Alpine Experience Essential, Fitness and experience essential.		
Please note that you are responsible for your own safety and to provide adequate equipment for yourself on all club trips. You must ensure that you are fit and capable of undertaking the planned trip and you must advise the leader of any medical conditions or other issues that may affect the trip. If in doubt contact the trip leader.		